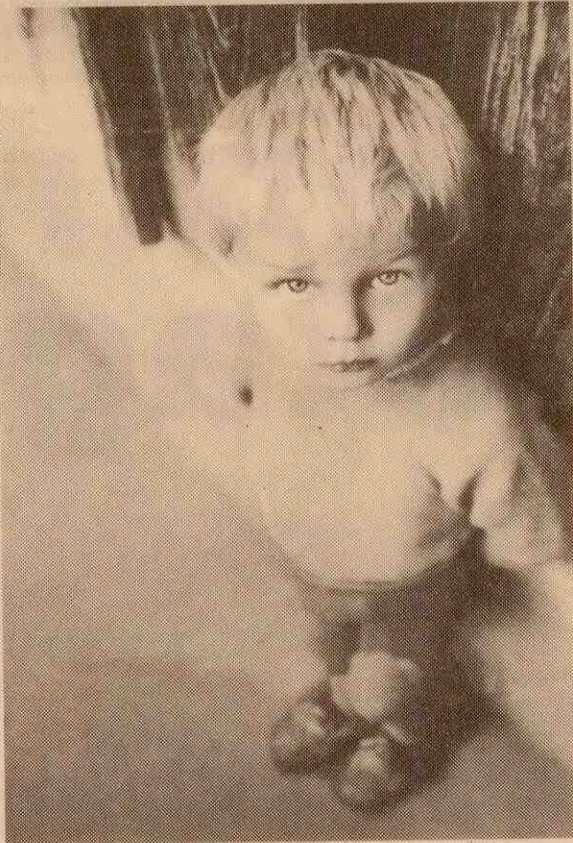


■ Dr Anita Salunkhe

RAINS can be a lot of fun but for some children it can be stressful, with parents forcing them to avoid all types of foodstuffs. This is a case history of a ten-year-old boy who was tormented, restricted to eat his favorite food and thus not allowed to enjoy the benefits of his childhood. He was diagnosed with Asthma having a list of food related allergies, aggravating his condition. Although the disease was under control it was not completely cured. Along with this he complained of leg pain, tiredness, and weakness and gradually started fairing poorly in his studies.

His mother visited me and kept complaining



# Strengthen your immune system

that her child would not listen to her, drank cold water, ate fruits and curd from the refrigerator and preferred to sleep without a blanket at night. All this while the child stared at me without saying a word and I asked his mother to leave the room. As soon as she left the child said that he felt too hot. "I can't be without a fan, and my mother forces me to wear a sweater all the time, just because I will fall sick," he complained. And here I understood that he was strongly dominated (over concern) by his mother. She was forcing her desires and views on him and could not fight back or say a word against her. If he could

not do this mentally how he could defend the diseases physically. His inner defensive system or immune system was not able to fight the diseases. It was not the weather, which was making him ill, but his low immunity or resistance power to fight the diseases. The prime reason for these recurrent illnesses was not bacteria or viruses, but the invitation provided to them by the

constitutional remedy. Lycopodium was prescribed in order to stimulate his immune system. The mother was strictly advised not to be so demanding on him. In two months he became healthy and not only did he eat ice cream and wafers but even he started tolerating things, which were allergic to him. Even his schoolteacher was surprised to see the change in his performance. Homoeopathy not only helped him to defend the diseases physically and mentally, but made him strong enough to fight the disease which once made him fall sick almost every single day.

**homoeopathy cures**

patient's reduced immunity.

Homoeopaths do not believe in killing the bacteria or giving antibiotics but in improving the health of a patient so that these bacteria's do not thrive in it. In this case, after giving him the

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