



■ **Hiren Kumar Bose**
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AND you thought homeopathy was just sugar pills until you meet Anita Salunkhe and watch the long queue of waiting patients at her clinic.

"A homeopath needs to be a keen observer," says Salunkhe, who practises Predictive Homoeopathy and has just returned from addressing a three-day long seminar organised by European School of Homoeopathy in Bulgaria and became the first Indian women

Not by sugar pills alone

homeopath to visit the country. "We begin assessing a patient from the moment s/he walks in, the way s/he is seated, the body language, how s/he answers the queries and importantly his/her back-

ground. Medicines come much latter."

Attended by 120 delegates, mostly MDs (Doctor of Medicine), from countries like Greece, Bulgaria, Russia, Belgium, Poland, Israel, Croatia and Serbia the seminar shows how popular Predictive Homoeopathy is becoming in the West.

A group of Homoeopaths led by Dr. Prafull Vijaykar of Mumbai have found that diseases which disappear are not necessary cured but are transformed and appear as other

diseases which Predictive Homoeopaths understands by "chart of suppression", arrived at by the study of Embryology, Physiology, Pathology, Immunology and Genetics. The chart helps to understand what path diseases take in the organs and systems in the mathematical progression of diseases. Predictive Homoeopaths use the chart like a compass to gauge the direction of law of cure.

people tree

Explains Salunkhe (38), a faculty member with the School of Predictive Homoeopathy and an alumnus of Pune's DSHM College, "Very often we see that a skin disease treated with ointment disappear while the person gets cough and cold. Those under treatment

for Acidity or Diarrhea end up with joint pains/neck pain or Backache. And later diagnosed as case of Spondylosis. Those treated of Back/Neck pain start suffering from High Blood pressure or have heart problem. One being treated of asthma gets psoriasis."

The School of Predictive Homoeopathy has been organising its annual seminars since 2001 at Mahabaleshwar and has been attended by homoeopaths from countries like the USA, Switzerland, Germany, Israel, Brazil, Greece, Russia etc.

Salunkhe has organised seminars for homoeopaths "who had lost faith in it as they could not scientifically explain its rationale." At her clinic she maintains records of patients and is willing to give visitors Power Point presentation of patients she has treated of

meningitis, schizophrenia, mental retardation, learning disability, cardiovascular diseases, eczema etc.

Salunkhe believes that most illnesses are related to mind and behaviour. "We need to change our mental attitude towards incidents and individuals, improve our sensitivity and tolerance level, which works as immunomodulator and helps us bring our health back," she informs.

A session with Salunkhe is like meeting a counsellor or your family guru; for she asks you to keep away from negative thoughts, like anger, pride, jealousy, frustration "which result in stimulation of various ductless glands and secrete their chemical poison into the blood stream which later affects various body functions and finally lead to ill health."

But unlike a counsellor she follows it up with pills. And it really works.