

MindHeal Homeopathy

Uproot diabetes and high BP at MindHeal

Q. Is it true that once I have Blood pressure, diabetes and heart problem, I will suffer throughout my life?

A. No, this is not true. In diseases like BP, Thyroid, diabetes, etc. functioning of certain glands is affected, disturbing hormone secretion. Regular treatment with antibiotics, hormones and pain-killers only controls diseases without improving the affected organs and systems. Hence, over a period of time you find that the medicine intake keeps on increasing because the disease was only controlled but not uprooted. And subsequently over the years, the organs are removed or transplanted, e.g. tonsils or uterus removal, knee replacement, kidney transplant, etc. On the other hand, homeopathy works on the root cause and improves the affected organs and overall health, thereby stimulating glands to secrete hormones on their own. Thus, metabolism improves, blood pressure and sugar levels normalize and one need not rely on lifelong medication.



>> Dr Anita Salunkhe

Q. Despite stress-free lifestyle, I have diabetes and high BP. Why?

A. Every individual's immunity to a large extent depends upon his/her basic nature which varies for every person. One may be short-tempered and dominating, or calm and serene. Basic nature comprises emotions like excitement, anger, fear, worry, anxiety, etc. which should be in balance for overall wellness. If any emotion fluctuates or gets out-of-control, it creates imbalance resulting in disease. For example, anger beyond normal level can create imbalance in bio-chemistry, leading to disease.

Regular medicines "control" the superficial disease without attempting to understand basic nature. Also, therapies like yoga, meditation, spa treatments, etc. have to be done consistently for clearer benefits. Whereas, Homeopathy "improves" one's immune system by toning down the excess emotions and restoring the balance, without any side-effects!

One of our patients had diabetes and high BP, despite diet-control and vigorous exercise. It turned out that he was a hardcore perfectionist, always in a hurry. He followed rigid deadlines and was unable to relax. With the right homeopathic medicines, he calmed down, became flexible and focussed on relaxing, rather than hurrying. Soon, his blood pressure and diabetes both were under control. At MindHeal Homeopathy, we always analyse basic nature to determine the right homeopathic medicine.

Homeopathy restores health and vitality by treating the cause of every health and emotional problem. It not just cures the disease; it also heals the person...

For enquiries, queries and appointments at MindHeal Homeopathy, contact 99303 63981, 2523 0530 or crm@mindheal.org. URL: www.mindheal.org