

# Uplift your attitude with Mindheal Homeopathy

**Q** My 10-year old son, who was bright and well-behaved, talks less now, feels reluctant to play and go to school and eats very little. Talking to him is futile as he does not respond properly. Nor do I want to beat him as I'm scared he may take a drastic step. I am worried about his health. Please advise me.

**A** Every person is born with a THINKING PATTERN, i.e. one's perception towards people and situations. It is an innate quality determined by hereditary factors and environment. No two individuals have similar thinking patterns. For example, among 3 children who fail their exams, the first child may become depressed and take a drastic step (negative attitude). The second one may not bother about it (careless). And the third may ask himself, "What have I learned from this?" - (positive attitude).

The strength and functioning of your immune system depends upon your thinking pattern / attitude. Thus, many physical and psychological problems are due to

disturbances in thought processes. Modern medicine only "controls" the superficial disease. There is rare attempt to understand one's thinking pattern and hence, same medicine is given to all people having the same disease, which is not correct.

Homeopathic consultations reveal one's thinking pattern and hence proper homeopathic medicines can be given based on an individual's physical, mental and emotional factors. Homeopathic medicines help in uprooting the root cause of a disease. In case of a sensitive child, the right homeopathic medicines increase his tolerance levels, enabling him to perceive situations positively and hence boosting his immune system.

Remember, a positive attitude means a calm and happy mind which further means a stronger immune system and hence better health.

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## OUR 3-POINT PROGRAMME HELPS IN BETTER UNDERSTANDING OF A CHILD'S THINKING AND ATTITUDE:

- Consultation to determine your child's problem
- Counselling to improve / uplift attitude
- Effective and individualized homeopathic medicines for stress-related and other disorders