

"MindHeal Homeopathy – The Perfect Mantra for Good Health"



MindHeal
HOMEOPATHY
Get cured & rejuvenate life !

With 21 years' expertise and 90% success rate, renowned homeopath **Dr. Anita Salunkhe** has pioneered **MindHeal Homeopathy**, whose principle - heal the mind to heal the body - has paid off very well. MindHeal till now has cured more than 2,50,000 patients in India, USA, Germany, Brazil, Russia, and many other nations. MindHeal has infused its healing touch even to difficult and incurable cases. The veteran homeopath provides insights on disease and healing.

Q. Despite measures like diet-control and exercising, why does one still fall sick?

A. Our thoughts directly impact our immune system. Positive thoughts strengthen our immune system. However, disturbances in thinking pattern weaken the immune system, thereby increasing the risk of falling sick. Since every individual has a different body-system, thinking pattern and lifestyle, the root cause of the same illness too varies. For example, among 3 individuals having a headache, the root cause for each may be stress, lack of sleep or eye problem. The need is of a personalized medical treatment given after proper understanding of individual physical, mental and emotional factors.



Dr. Anita Salunkhe

Q. How is stress responsible for lifestyle diseases among today's population?

A. Stress may be because of pressures, tensions, work overload, personal problems, etc. Stress levels vary for every individual. Stress entails release of certain hormones which harm the immune system causing illness. Diseases

start as mild forms which, if suppressed with regular medicines, may aggravate because the root cause - **Stress** - is still untreated (e.g. suppressed cough may become asthma, etc.). Continuous suppression may result in critical diseases like diabetes, heart diseases, etc. Hence, diseases should be "**uprooted**", not "**suppressed**".

Q. How does homeopathy score over regular medicine in treating diseases?

A. When a disease is "suppressed", it shows up later in aggravated forms and one has to rely on drugs, which may also produce side-effects like headaches, cramps, etc. Moreover, if all individuals have different body-systems, thinking patterns and lifestyles, how can the same brand of medicine work in all cases?

Homeopathic consultations identify the root cause of health problems and the right homeopathic medicines uproot them, strengthening the immune system and reducing dependence on regular drugs. Also, there are hardly any side-effects in homeopathy. At MindHeal Homeopathy, we focus not only on treating the sickness but also on improving, holistically and effectively, the overall immune system of the person having it.

**For queries & appointments at MindHeal Homeopathy,
Contact: 022-25230530,
+91-9930363981 or crm@mindheal.org
Website: www.mindheal.org**