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# Can homeopathy provide a cure for hereditary diseases?

**M**ost of us believe that we can avoid diseases with proper diet, exercise and timely medication; but how many of us know that our family history is one of the strongest influences on our risk of developing diseases?

Just as we derive our hair or eye colour from our parents, we can also inherit certain ailments from them.



Science has proven that illnesses such as asthma, hair & skin problems, obesity, diabetes, hypertension, heart problems, hormonal disorders, as well as a few rare diseases like haemophilia, cystic fibrosis and sickle cell anaemia can run in families.

What makes these diseases hereditary? The answer lies in a family's genetic layout. Living beings inherit particular traits via GENES, which carry information on these traits. Many genes come together to form a person's DNA. As genetics help in determining one's appearance, thought processes, behaviour and nutritional pattern, a change in DNA can alter the entire balance in the individual. Hence, diseases need to be checked for if their roots lie in the patient's genetic structure.

**Check for the following parameters in your family to ascertain your risk quotient:**

- If diseases occur at an age earlier than expected (say, 10-20 years earlier)
- If they strike more than one relative
- Disease combinations within one family (e.g. diabetes and hypertension)

Regular medicine does not attempt to understand the role of genetics in one's

health; it still adopts the "one-medicine-for-all" ideology and deems it impossible to change one's genetic make-up. Hence, patients opting for regular drugs experience rampant side-effects.

However, there is hope. Research has shown the importance of personalized medication in combating diseases rooted in one's genes. Homeopathy precisely meets

this criterion!

**Possessing the power to work on genetics, the right homeopathic medicines provide the following benefits:**

- Strengthening the body to counter hereditary problems
- Helping in uprooting mental / behavioural problems like Down's syndrome, Dyslexia, etc.
- Improvement of thought processes, looks and preparedness to deal with stress

At MindHeal Homeopathy, by assessing your physical, mental and emotional background, we calculate your risk of developing diseases and provide appropriate homeopathic treatment so that you are well-protected against new illnesses.

So what if it's in your family history? MindHeal Homeopathy knows the way out, so that you live life – healthy and fearless...

For appointments and queries, contact us on 022-25230530, +91-9930363981 or [crm@mindheal.org](mailto:crm@mindheal.org).  
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