

**MUNICH-BASED** Ingeborg Stadler, a classical homoeopath by profession, makes it a point to visit Mumbai every other year. She comes here to visit the clinics of Predictive Homoeopaths or to attend the annual workshop regularly held in Mahabaleshwar.

Like Stadler, homoeopaths from numerous countries such as Germany, Italy, Israel, Russia and Bulgaria are increasingly visiting Mumbai for the same reason while countless others are anxiously waiting for Predictive Homoeopathy (PH) workshops to be held in their home countries.

"Many MDs in my country have realised the fantastic results of homoeopathy," says Stadler, a German national. "India is beginning to show the world the wonders of homoeopathic treatment, and more importantly predictive homoeopathy," she adds.

Health science professionals from India are fast gaining increasing international recognition - namely practitioners of Predictive Homoeopathy that finds its origin in India. Mumbai-based homoeopath Dr Prafull Vijaykar stumbled across the science while trying to understand the basic constitution of the patient. He uses this as the



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**THOUGHT IT PROS ARE THE ONLY ONES IN DEMAND ABROAD? THINK AGAIN! PREDICTIVE HOMOEOPATHY PRACTITIONERS ARE FAST CATCHING UP. SUREKHA KADAPA BOSE SPILLS THE BEANS**

very basis to prescribe medication. Two decades of practice and over 50,000 plus patients later, Dr Vijaykar has connected homoeopathy to embryology through his theory of seven levels of suppression.

He illustrates that when a symptom is treated locally, it is suppressed to a deeper level in the organism. Cure, on the other hand, should result from outside, namely in the reverse order of suppression. This phenome-

non is already well known in homoeopathy as the Hering's Law of Direction of Cure.

Dr Vijaykar has emphasised this law and uses it as a strict yardstick to judge whether what is happening in a given case is suppression or cure.

PH explains homoeopathic principles keeping in mind the research and discoveries in the field of embryology, human biochemistry, genetics, physiology etc. With this, homoeopathy now comes under the purview of most sciences. It has brought about a sense of transparency and mathematics in homoeopathy, by removing ad-hocism.

Also, the integration of genetics has helped homoeopaths zero in on the right remedy with ease. Practitioners, both in India as well as abroad have adopted PH methods but homoeopathy colleges are yet to embrace it.

The international seminar on PH was held in Delhi this February and was attended by over 1,400 delegates.

Homoeopaths, say experts, treat the individual rather than the disease; whereas "PH," according to Dr Anita Salunkhe, who has held several workshops abroad, "also attends to individual metabolic problems, the 'genetic code' and tendency, which invites the disease. If

the cause at the 'genetic level' is treated, effects which are in the form of disease, will disappear permanently."

Chronic illnesses, allergic asthma, high blood pressure (hypertension), diabetes, thyroid problems and even chronic skin conditions like psoriasis, lichen planus, urticaria, sun allergy, etc. cannot be eliminated or permanently cured with the existing mode of treatment. This is because the genetic tendency of the individual is not treated, say homoeopaths.

The relationship between diseases and illnesses can be predicted if one tries to understand the embryological origin and development of man, of course genetically governed.

It's believed that as a rule, all major diseases (barring traumatic diseases) have their origins in smaller ailments that have been either treated or maltreated. All diseases have a precursor and follower: Dr Praveen Sharma, lecturer in Neurosurgery, KEM Hospital, who admits to sending "difficult cases" to be treated by PH practitioners, says, "PH is a scientific way of describing progression of disease from the outer layer to inner ones. While in cure, reversal of this order is maintained."