

# Time Out

# Mumbai



## Why 'Cure' Is A Permanent State of Health



Dr Anita Salunkhe

The word "cure" is perhaps one of the most emotive and oft-used words used by the human race. As life gets increasingly complex, anxieties mount, relationships get strained and deadlines get shorter by the day. For most people, life is a daily tightrope walk, often making us weak and prone to disease. So who isn't looking for a cure, more like a cure-all, to their myriad problems?

### What is 'cure'?

When it comes to sickness and health, conventional medicine defines "cure" as the "absence of disease" or the "disappearance of symptoms". How many times has the good doctor recommended a course of antibiotics and "set you right"?

Thus, when you use bronchodilators, mucolytics and anti-inflammatory drugs to treat a chronically congested chest, you believe "the worst has passed". When such an attack is caused by the infectious streptococcus pneumoniae bacterium and treatment includes antibiotics, you believe you've been "cured of pneumonia".

The promise of quick relief – the absence of symptoms – is very seductive, even addicting. Indeed, allopathic drugs are awfully effective – in suppressing, managing and controlling disease. But there's a fundamental flaw here. Homeopathy does not regard "cure" as the absence of symptoms but a "complete reversal of the disease process".

### How does MindHeal Homeopathy work?

Our approach to homeopathy and health is to bring about a permanent and complete cure by working at the very metabolic, immune and genetic levels. In other words, our remedies alter your basic constitutional type. By correcting your constitutional deficiencies and weaknesses, and re-wiring your basic biochemistry and metabolism, MindHeal Homeopathy frees you from all disease – quickly and permanently.

### The 'mind' in MindHeal Homeopathy

We can't choose our life's circumstances – failures, disappointments,

unhappy relationships or a demanding job – but we can change the way we perceive and react to them.

MindHeal Homeopathy is a deep-healing approach that tempers your moods, balances your emotions and virtually puts life in a new perspective. Think about it. Your thoughts, emotions and even personality are nothing but a series of complex electrical and biochemical reactions in your body. An unhealthy constitutional make-up leads to anxiety, depression, feelings of loneliness, rejection and lack of self-confidence.

By completely re-balancing your biochemistry, MindHeal Homeopathy optimises the functioning of the systems, glands and organs that determine the emotional and temperamental side of your personality. While restoring you to good health, our remedies also lead to profound changes in the way you begin to interpret life itself.

### Can MindHeal Homeopathy "cure the incurable"?

We have dramatic success stories of patients with cancer, AIDS and conditions such as autism and schizophrenia clearing up. Serious diseases indicate that the destructive processes in your body are chronic and have progressed to the genetic level. MindHeal Homeopathy can effectively cure 'pathological' sickness and even psychiatric conditions – with simple and natural homeopathic remedies.

### A Doctor Without Borders

MindHeal Homeopathy is an ISO-certified, multi-speciality homeopathic clinic in Chembur, Mumbai. Founded by Dr Anita Salunkhe, we see more than 25,000 patients annually – and still counting. A gifted healer and veteran homeopath of 21 years, Dr Salunkhe is an MD in Homeopathy. A doctor without borders, she also delivers lectures, conducts seminars and consults with patients across the globe, including the US, Germany, the Netherlands, Belgium, Bulgaria, Brazil, Russia and Israel.

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