

Patient's Name:
Harpreet Kaur



Founded by: **Dr Anita Salunkhe, MD**

Aliments Cured

- Oedema face
- Migraine
- Insomnia
- Hypertension

Duration of Treatment

4 months
 (Feb 10, 2007 - June 5, 2007)

Highlights

- Suppressed personality
- Suppressed melancholy
- Listless and bored
- Treatment increases sensitivity
- Ailments vanish
- Interest levels rise

Treatment

The Case



Feb 10, 2007

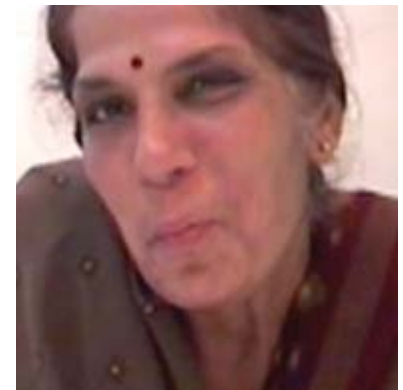
When Harpreet Kaur came to **MindHeal Homoeopathy**, she wasn't her usual self. Her face was awfully swollen; her left eyelid was so badly puffed up, it could barely open; and she suffered crushing migraines.

This 48-year-old school teacher said her face began to swell two years ago, when she underwent menopause. Her other symptoms, which included hypertension and sleeplessness, had also intensified at the time.

Assessment

Harpreet had undergone several diagnostic

tests over the years but they had all come back negative. There seemed no apparent reason for the swelling on her face. Yet she harboured a deep-seated fear of developing cancer, despite no family history of the disease and no signs or symptoms in herself. She said it was because her facial swelling had persisted for so long.



April 13, 2007

Despite her fears - she only revealed her dread of cancer - Harpreet said she had no real cares. She connected her symptoms to menopause and had consulted with many allopathic doctors, who were baffled by her case. As a last resort, one of these specialists had recommended steroid-based medication. These drugs had apparently helped initially but later proved ineffective.

Harpreet was calm and cool and nothing really seemed to ruffle her. Oddly enough, this was



April 13, 2007

the key to her facial oedema - regardless of what they were, she habitually suppressed her feelings. Why, by her own admission, even her mother's death had not consciously

impacted her even though she was very close to her mother and missed her a lot. She said, "I cannot express it in words." Quizzed about



June 5, 2007

what troubled her, she said preferred not to discuss her problems. This pattern of repeated suppression and denial had taken a toll on Harpreet's health. The natural fallout was migraine and hypertension. So how did the oedema develop? Harpreet did share another nugget: she was a regular at a religious group, which used chanting and singing to 'calm the mind'.

Harpreet said these sessions had made her 'calmer' and more 'controlled', just what she didn't need! At least, not in a way that encouraged her to further suppress her feelings.

Imagine the baggage Harpreet had been carrying! Finally, when her system could not adapt to the suppression any more, it gave way some more - hypertension and migraine weren't enough to 'absorb' her dysfunctional suppressive ways so the oedema showed up.

Treatment

Harpreet's symptoms began to clear up soon after my treatment began. The swelling on her face subsided considerably within a couple of months; her appetite improved and she began to sleep better.

The most notable symptom that appeared was a raging rash. I told her not to worry, it was a good sign! It was a clear sign that the homeopathic remedy I had prescribed for her was working.

As the disease process reverses, the destructive processes that had long set in began to reverse. Harpreet's rash was a sign that her body had returned to the first stage of disease (it later cleared up), which is the inflammatory response.

With this catharsis and venting of symptoms, Harpreet was on the road to recovery. In just 4 months, 90 per cent of her symptoms had subsided. Best of all, her face returned to normal and Harpreet embarked on a new journey - she began to 'feel' again and she was enjoying it!



June 5, 2007

MindHeal Homeopathy is based in Chembur, Mumbai. To find out more about **The MindHeal Way**, call: 022-25230530 / +91-9930363981. Or write to crm@mindheal.org. Website: www.mindheal.org. or log into www.mindhealhomeoclinic.blogspot.com. We'll be happy to answer all your queries.