

## **16-year old boy, suffering from headaches and chest-pains, starts leading a healthy life after treatment at MindHeal Homeopathy**

A 16-year old boy, appearing for his SSC exams, had consulted MindHeal Homeopathy for recurring headaches as well as chest pains affecting him since the past one year. ECG reports had ruled out the possibility of a cardiac problem. These pains were aggravated whenever he got angry, was on an empty stomach and post-breakfast. The maximum pain was experienced in the occiput region. He also complained of occasional vomiting. Acidity, especially after eating spicy food, was found to be one of the triggers of his headaches.

The boy was unable to study for the entire day and would always feel restless, especially when sitting continuously at one place. As a result, he secured only 50% in his ninth standard terminal exams, contrary to his past performances in which he always scored a distinction. Taking migraine tablets, which were prescribed to him by a headache specialist, gave him temporary relief; but whenever they were discontinued, his headaches relapsed. The specialist then advised him to continue with those tablets till the exams.

After hearing his case, we arrived at the root cause of his problem. In his sixth standard, the boy had performed well in his exams, but scored slightly lesser marks in a subject or two. Yet, his parents criticized and compared him with his peers. Due to constant nagging and suspecting, the boy started staying outdoors for a major part of the day. His parents also suspected him of smoking and consuming drugs; they went to the extent of smelling his hands everyday after he came home and overhearing his phone calls from the extension line. The boy felt isolated and depressed, which was worsened by his inability to express his feelings. This suppression of feelings was the root cause of his problem.

The Consulting Doctor at MindHeal Homeopathy provided the appropriate homeopathic treatment based on the boy's case details. During his follow-up after 10 days, the boy revealed that his health as well as relationship with his parents has improved to a great extent. His concentration in studies has also increased. The frequency and intensity of his headaches has reduced considerably, whereas his chest pains are now a thing of the past. Thus, homeopathy aims to rid diseases from their roots with one single remedy, irrespective of the number of health problems an individual is suffering from.